

# TOO SICK FOR PLAYGROUP TODAY?



## RED LIGHT

Kids should stay home if these symptoms are present or have been present within the last 24 hours

- Fever of 101 degrees or higher
- Wheezing or disruptive cough
- Green/yellow runny nose
- Vomiting or diarrhea
- Not having normal energy level



## YELLOW LIGHT

Kids can resume activity:

- Fever free
- Sporadic cough
- Minimal green or yellow runny nose



## GREEN LIGHT

Okay to attend playgroup:

- Mild and infrequent cough
- Clear runny nose
- Active, playful and rested
- Fever Free for 24 hours without fever reducing medication